

Endoscopic examination of the esophagus, stomach and duodenum (Gastroscopy)

Gastroscopy is an endoscopic procedure to examine the mucous membranes of the esophagus, stomach and duodenum/first part of the small intestine. The examination can help reveal changes such as inflammation or ulcers.

Preparation for a gastroscopy

You may not eat, smoke or drink dairy 6 hours before your examination. You may not drink anything 2 hours before your examination.

The procedure

The examination will last approximately 4 minutes. We use local anaesthetic gel or spray.

The examination is conducted with a thin, flexible telescope that is lead in through the nose (or the mouth) down the oesophagus to the stomach and duodenum. It is necessary to inflate the stomach with air, which may cause discomfort and pressure in the stomach. It is completely harmless. Tests can be taken from the mucous membrane, which is painless.

There is plenty of space to breath – both trough the nose and mouth. Try to focus on your breathing and count to 10 inside your head.

After the procedure

You can eat and drink after the gastroscopy (but if you had local anaesthesia spray in your throat, you must not eat anything for 1 hours after your examination).

The result of the examination

Immediately after the examination, you will be informed of the result. If biopsies were taken, you will receive the result 5-10 days and we will contact you.

Very important

If increasing pain, bleeding or fever should occur shortly after the procedure, please contact us at the following telephone number: 33 11 44 48 or 1813

Please note: If a patient fails to come to a consultation and does not cancel at least 24 hours before, the patient is obliged to pay a fee of 250 DKK for not showing up.

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